

You might be throwing away up to \$1,800 worth of food every year!

The average US family of four throws away 25% of the food they buy, costing them an estimated \$1,800 per year,¹ while 1 out of every 8 NY residents face food insecurity.² That's a lot of waste! Here's how you can help:



1

Pledge to reduce the amount of food that is wasted in your home today!

Take the pledge at: <http://efc.syr.edu/prevent-wasted-food-pledge>

2

Explore the links below and learn how to become a zero-wasted-food champion:

Ad Council/NRDC: <http://savethefood.com/>

EPA: <https://www.epa.gov/recycle/reducing-wasted-food-home>

NYSP2I: <http://bit.ly/foodwasteinfosheet>

3

Share this flyer with your family and friends, and challenge them to take the pledge!

Funding provided by the NYS Pollution Prevention Institute through a grant from the State of New York. Any opinions, findings, conclusions, or recommendations expressed are those of the authors and do not necessarily reflect the views of Rochester Institute of Technology and its NYS Pollution Prevention Institute or New York State.

¹ Bloom (2010), American Wasteland.

² USDA (2017), Household Food Security in the US in 2016.